



# SUNRISE DAY CAMP

For Children with Cancer and their Siblings

# IMAGINE A PLACE...

- Where children with cancer can **play, sing, laugh** and **thrive** like any other child.
- That fosters **friendships**, builds **confidence** and **everyone belongs**.
- Where **siblings are always welcome**.
- That sends children home every night **sparkling** with **glitter, singing songs** and **sharing stories**.
- Staffed with **medical professionals** to tend to your child's needs - big or small.
- 100% free of charge** to every family.
- That lets **kids be kids**.
- Where **cancer doesn't define** your child.

**SUNRISE DAY  
CAMP IS  
THAT PLACE!**

All Sunrise Association programs and services are provided **100% FREE OF CHARGE** for every family.



# A PLACE LIKE NO OTHER...

Sunrise is a summer day camp for children with cancer and their siblings—**100% free of charge**. Sunrise campers are welcome to come for the entire summer or as little as one day. Every day, our campers return home filled with stories and experiences that will last a lifetime.

Days at Sunrise are filled with friends, games, songs and fun—the perfect antidote to long, lonely days at home and in the hospital. **Sunrise campers are given what every child deserves—the opportunity to be a kid.**

At Sunrise, children can come to camp while continuing treatment with their home doctors and returning home to the comfort of their own beds at the end of each day.

The Sunrise Day Camp staff team includes a **medical director, on-site nurses**, and a **dedicated camp staff** specially trained to meet the unique needs of our children, while also providing a fun and memorable summer.

## WHO IS ELIGIBLE?

- Ages 3½ to 16
- Within five years of active or follow-up treatment for cancer
- Siblings ages 3½ to 16 of eligible campers
- If child with cancer is unable to attend, siblings are still welcome



*“Next to being in remission, his time spent at Sunrise was the best thing to happen to my son since his diagnosis.”*

~ Mary, Camp Parent

# A TYPICAL DAY AT

# SUNRISE DAY CAMP\*

## OPTIONAL EARLY MORNING

We have a rolling start to the day beginning at **7:30AM to accommodate working families**. Our early campers are given a light breakfast and get a head start on the fun with their counselors.

## WELCOME TO CAMP

Campers step off the counselor-staffed bus at camp around 9:30AM and are greeted by big smiles, dancing counselors and a hand-picked playlist. **Buses pick up campers from convenient locations all over the region**. They are about to have THE BEST DAY EVER!

## ROUND-UP!

The entire camp comes together to start the day with camp songs, spirited cheers, announcements and a **kick-off to a fun-filled day at camp**.

## MORNING ACTIVITIES

Campers are immersed with their friends in one of **dozens of choice activities**. Our camps have art, yoga, drama, STEAM, basketball, soccer, water play and so much more—**there is something for everyone!**

## LUNCH TIME!

Campers eat their **bagged lunch brought from home**. Sunrise provides snacks throughout the day. We are nut-aware, and we can accommodate special dietary needs. Sandwich options are available for campers who forget their lunch.

## COOL DOWN

Splash and cool off in the pool. **Free swim and lessons are provided throughout the week**. To cool down throughout the day, campers have access to indoor air-conditioned facilities and misting tents.

## ICE CREAM TIME!

Campers top off an amazing day at camp with a **frozen treat** and a closing round up, together as a full camp for one final song and cheer.

## SEE YA REAL SOON

Campers are dismissed to their bus or to parent/guardian pick-up. As with early-drop off, we offer a rolling pick-up time to **accommodate working families until 6:30PM**.

\*Each camp's schedule and activities may vary. Please check our website for more details.



*Interested in seeing camp in-person?*

Visit our website or contact your local camp to learn about our Open Houses or request a private tour!

# ALL THE SUPPORT YOU NEED



## MEDICAL SUPPORT

Every Sunrise Camp is supported by a **medical director**, as well as **on-site nurses**. All camps have a private, air-conditioned Wellness Center from which most medications can be easily administered. Ample indoor areas are also provided for children to just “cool down and rest.” In the unlikely event of an emergency during the camp day, staff-accompanied emergency transportation by ambulance is available.

## YEAR-ROUND SUPPORT

The need for Sunrise doesn't end when summer does. Year-round **Sunrise Sundays and Fun-Days** give campers an opportunity to reconnect with friends and participate in camp activities throughout the year. To learn more about our year-round programming and upcoming events, please visit our website.

## SUPPORT IN THE HOSPITAL

Ever see a child not want to leave the hospital because they're having too much fun? At **Sunrise on Wheels**, it happens all the time! Sunrise on Wheels is a program that brings the magic of Sunrise Day Camp into the pediatric wing of participating hospitals. Our staff and volunteers roll rainbow trunks bursting with games and toys into the hospital and transform difficult and scary days into a day of magical camp fun! See our website for participating hospitals and schedules.

Should your child be hospitalized for any reason, Sunrise staff and volunteers are available by request for a special **Sunshine from Sunrise** visit to share camp stories, play games and provide respite to parents.

## VIRTUAL FUN

For children who can't attend our in-person camp and programming or want more of that Sunrise magic throughout the year, we have great virtual options for you.

Download our **Sunrise Studios mobile app** or head over to YouTube to watch **Wheels Up!**—a 30-minute, interactive program that transports children to fun and interesting destinations all over the world.



## CAN'T MAKE IT TO CAMP IN-PERSON?

**SunriseVX** is our virtual summer camp. VX provides children the Sunrise experience through live and interactive sessions. Children who otherwise wouldn't be able to attend an in-person camp can now make friends, sing songs and choose from a wide variety of activities all summer long.

Learn more at [sunrisedaycamp.org/vx](https://sunrisedaycamp.org/vx).



## FROM OUR MEDICAL DIRECTOR



*“Sunrise Association Day Camps are more than just camps. They are places where children with cancer and their siblings can just be kids. They are creative, safe, healthy, supportive and fun-filled communities where peers who have a similar and shared experience are supervised by a dedicated and trained staff who are keenly aware of the unique needs of their campers.”*

*Over my years as a childhood oncology specialist, I have seen the amazing positive impact that attending camp has on children with cancer, their siblings and the entire family.”*

*Dr. Mark Atlas*

**Sunrise Association Medical Director**

*Director, Childhood Brain and Spinal Cord Tumor Program  
Pediatric Hematology/Oncology at Cohen Children's Medical Center*

REGISTER AND LEARN MORE AT:  
**SUNRISEDAYCAMP.ORG**



**SCAN  
ME!**



Sunrise Day Camps are members of the Sunrise Association whose mission is to bring back the joys of childhood to children with cancer and their siblings worldwide. This mission is accomplished by the creation and oversight of welcoming, inclusive summer day camps, year-round programs and in-hospital recreational activities, all offered *free of charge*. Since opening in 2006, Sunrise has brought joy to more than 25,000 children.

[www.sunriseassociation.org](http://www.sunriseassociation.org)